

ASD Effekappa – Dance4Slim Poggibonsi- ORARI CORSI 2025/26

Lunedì	Martedì	Mercoledì	Giovedì	Venerdì
16.45 /17.45 Latin Baby 0		16.45~ /17.45 Latin Baby 0		
17.00 /18.00 Latin Style Beginners		17.00 /18.00 Latin Style Beginners	16.00~ /17.00 Dance4Slim	
18.00 /19.30 Latin Style Middle	18.00 /19.00 Modern Jazz	18.00 /19.00 Latin Style Middle	18.00 /19.00 Modern Jazz	17.30/ 19.00 Stamina Latin Style
18.30 /20.00 Latin Style Advance	19.00 /20.00 Sensual Dance Fit	18.30 /20.00 Latin Style Advance	19.00 /20.00 Sensual Dance Fit	19.00/20.30 Stamina Danze Standard
20.00/21.00 Zumba	20.30/ 21.30 Dnce4Slim	20.00/21.00 Zumba	20.30/ 21.30 Dance4Slim	
21.00/22.30 Liscio - Social Dance				
	21.30/23.00 Caraibici			

SALA TROPICAL

ASD Effekappa – Dance4Slim Poggibonsi- ORARI CORSI 2025/26

Lunedì	Martedì	Mercoledì	Giovedì	Venerdì
17.00 /18.00 Private Standard		17.00 /18.00 Hip Hop		
18.00 /19.00 Private Standard		18.00/19.00 Allenamenti Standard		18.30/19.30 Hip Hop
	20.00/21.00 Sensual Dance Fit		20.00/21.00 Sensual Dance Fit	19.30/20.30 Yoga

SALA POLAR